

By signing this form you give up important legal rights. PLEASE READ IT CAREFULLY.

GENERAL RELEASE OF LIABILITY

This is a CONTRACT between Trager Canada and _____
(the "Student")

IN CONSIDERATION of Trager Canada accepting the Student into the program of training
_____ on the dates _____
at _____ (city and province), the Student agrees to the following.

1. The Student fully understands that the training is in a body work method and includes physical touching between participants and instructors. Persons who receive Trager technique lay on tables, wearing minimal clothing, with or without cloth drapes. Some body exercises are done on the floor or standing. Students and instructors work in groups and pairs. The technique is intended to affect the body on a physiological level, and to integrate mind/body connection. Many participants feel relaxation, and are more open emotionally and willing to share personal information.

2. The Student fully understands that they are subject to risks – physical, emotional, mental - through participating in the training program, from their actions and the actions of other people, from their reactions to physically being touched, and touching other people, from the emotional and mental context of the learning, from sharing their own thoughts and emotions and hearing those of others, and from using the building facility in which the training is held.

3. The Student agrees to be *completely responsible for all risks* arising from their participation in the training – risks to themselves, to anyone they bring to the facility who is not a student, and to their personal property. They take full responsibility for their own safety, and for how they apply what they are taught in the training. **THEY MAY DECIDE TO NOT PARTICIPATE IN ANY PORTION OF THE TRAINING.**

4. The Student AGREES TO UNCONDITIONALLY RELEASE AND HOLD HARMLESS, and releases their right to make any claim, demand or lawsuit against Trager Canada, its instructors and assistants, staff, members, Board members, agents, other students, and the facility owners and operators
-for any loss, damage, injury or death, whether foreseen or unforeseen, whether revealed during the training or after, suffered by themselves, anyone they bring to the facility who is not a student, and their personal property
-arising out of their participation in the Trager training
-from any cause whatsoever, including the actions and reactions of themselves and others, illness, and accidents from any cause.

5. This agreement binds the Student who signs it, any person for who they are responsible in law, and any person who receives any legal rights from them (heirs, executors, administrators, assigns).

6. By signing this contract, the Student acknowledges that they have read it, understand its meaning, and that they are signing it voluntarily.

SIGNED this _____ day of _____ 20_____.

Student

Witness (sign and print name)